

Melissa  
Werner

amy  
baumetz



# ***OILS FOR GUYS***

## ***BEARD OIL***

### Gather:

1 ounce Fractionated  
Coconut oil  
4-5 drops Rosemary  
3-4 drops Frankincense  
3-4 drops Siberian Fir  
3-4 drops Cedarwood  
Small bottle with an  
eyedropper or cap

### Instructions:

In your bottle, add Fractionated  
Coconut oil. Add Rosemary,  
Frankincense, Fir, and Cedarwood  
essential oils. Place the cap on tightly  
and shake well. Using your hands or  
eyedropper, apply a few drops and  
massage into the beard.5. Brush the  
beard for the finishing touch.