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# ***HOT MESS***

## ***M O O D B L E N D***

### **Ingredients:**

4 drops each:

Wild orange

Citrus Bliss

Balance

Lavender

Serenity

10 ml roller bottle

Fractionated Coconut Oil

### **Instructions:**

Combine oils in roller bottle and top off with FCO.

Roll on pulse points and over heart. Note that citrus oils can cause photosensitivity in the skin - apply places that don't see the sun during sunny months!