

FACE & BODY

SCRUB

Ingredients:

1/2 cup finely ground coffee

1/4 cup coconut oil

3 tablespoons sugar

4 drops peppermint essential oil (less is more!)

Instructions:

Combine coffee and sugar in container. Add coconut oil (soften if necessary) & essential oils. Mix well. The caffeine in coffee helps to eliminate unwanted oils, making your skin look radiant.