



Melissa + Amy's

# GREEN CLEANING SECRETS

## toilet bowl fizzies

1 c Baking Soda	1/2 t White Vinegar	Silicone Ice Cube Tray
1/2 c Citric Acid	1 T Hydrogen Peroxide (3%)	Airtight Plastic Container
Lemon Essential Oil	Small Spray Bottle	(PET #1 or HDPE #2)

Add baking soda, citric acid, and 40 drops lemon essential oil to a mixing bowl. Mix well, breaking up any clumps. Pour the vinegar and hydrogen peroxide into to a small spray bottle. Slowly spray vinegar/hydrogen peroxide onto dry mixture until it feels like slightly damp, not wet, sand. It should clump together when you squeeze it into a ball, but still break apart easily when you drop it into the bowl. Scoop mixture into silicone ice cube tray and press firmly into each compartment. One batch should yield about 10-12 toilet fizzies. Let dry overnight, or up to 2-3 days. Make sure completely dry before attempting to remove them from mold. Store in an airtight container.

Drop one or two toilet fizzies into toilet bowl, let fizz and soak for a few minutes. Wipe bowl with a scrub brush, and flush.

## purify magic sponge

This reusable sponge cuts through grease, grime, and everything in between. (The sponge alone even works with just water!)

- 1 melamine sponge
- 1 tablespoon baking soda
- 1 teaspoon borax
- ½ cup hot water
- 3 drops Purify Cleansing Blend

Add baking soda, borax, hot water, and Purify oil to a glass container and mix until dissolved. Place melamine sponge in the mixture and press firmly to absorb the liquid. To use, remove sponge, gently wring out excess liquid, and start cleaning. When finished, simply rinse off sponge with clean cold water and return to glass container with cleaning mixture.

## scrubbing paste

- 1 cup baking soda
- ¼ cup liquid soap
- 1 tablespoon white vinegar
- 10 drops lemon or rosemary

Combine and store in airtight container.  
Add water if mixture is too thick.  
Apply, scrub, and rinse.

## shower spray

- 3 drops Lemon
- 3 drops Tea Tree
- 1 drop Clove

Combine in a 2 oz spray bottle, top with water.

## stain remover/presoak

- One part On Guard laundry detergent
- Two parts hydrogen peroxide
- Boom! That's it!

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